# THE COMMUNITY CONNECTION





"To bring together our communities in spirituality and loving service to humankind"

A monthly newsletter dedicated to the dissemination of information from and for the people of Edgecomb and the Edgecomb Community Church

Volume 2 No. 8 August 2022

### EDGECOMB COMMUNITY CHURCH

P.O. Box 113 15 Cross Point Road Edgecomb, ME 04556 207-882-4060

Rev. Katherine Pinkham, Pastor edgecomb.church@gmail.com 207-882-4060

#### **Church Coordinator**

Marjorie DiVece 207-882-6338 marjoriedivece@gmail.com edgecomb.church@gmail.com

#### **WORSHIP SERVICE**

The church is now open for live services at 9:30 a.m. with coffee hour following the service at 10:30 a.m.

Please join us for our livestreamed services which are available at 9:30 a.m. each Sunday using link: <a href="https://www.youtube.com/channel/UCUAqYh6UMZyucMGNL21xqgA/live">https://www.youtube.com/channel/UCUAqYh6UMZyucMGNL21xqgA/live</a>

To watch any previous service at any other time use link:

https://www.youtube.com/channel/ UCUAqYh6UMZyucMGNL21xqgA

#### **ECC WEBSITE**

www.edgecombchurch.org

#### THE COMMUNITY CONNECTION

Editor: Marjorie DiVece

News for the September edition is due by 5 p.m. Friday, August 27, at edgecomb.church@gmail.com

If you would like to receive this newsletter via email, please send your Email address to: edgecomb.church@gmail.com Greetings Neighbors and Friends,

Wow, August! Where has the summer gone? When I first lived in Maine year-round, I distinctly remember smelling a trace of the fragrance of fall on August 15<sup>th</sup>. Leaf season sure does seem to come early in Maine. For many of us August can stir up the memories of the end of summer and the beginning of school... a time for new adventures, new friends, new clothes, and shoes. A time for a new start.

Thinking about a new start, did you know that the second week in August is National Smile Week? And did you know there are health benefits to smiling? It has been said that it takes more muscles to frown than to smile, and although we don't know if this is true or not, we do know that smiling has real-life benefits. And even though it is not always the easiest thing to do, especially after a long hard day, studies do suggest that if you can coax yourself into smiling, you'll actually feel better.

Here are just a couple of the health benefits of smiling.

When you smile, your brain releases tiny molecules called neuropeptides to help fight off stress. Then other neurotransmitters like dopamine, serotonin and endorphins come into play too. The endorphins act as a mild pain reliever, whereas the serotonin is an antidepressant. There's been some evidence that forcing a smile can still bring you a boost in your mood and happiness level.

The benefit of smiling can also affect those around you too. It has been shown that our brains react when we smile, and we are also affected when we see someone else smile. The reward center of our brain makes us feel a little better too. One study suggests that we can't help but react by smiling back when we see someone smiling at us.

Living in a world where certain aspects of life are changing so quickly with the media broadcasting the effects of a brutal war, the threat of contagious diseases, the fear of political turmoil, and the plague of gun violence, smiling may feel like the last thing we want to do. Yet, this is exactly the time to reach out to one another with a simple smile to acknowledge the truth of our common humanity. As the Apostle Paul in his letter to the Romans reminds us,

"Be joyful in hope, patient in affliction, faithful in prayer." (Romans 12:12 NIV)

Here is a children's story on smiling I think speaks to all God's children at any age:

#### The Wind and the Sun

Once the Wind and the Sun had an argument. "I am stronger than you," said the Wind. "No, you are not," said the Sun. Just at that moment they saw a traveler

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walking across the road. He was wrapped in a shawl. The Sun and the Wind agreed that whoever could separate the traveler from his shawl was stronger. The Wind took the first turn. He blew with all his might to tear the traveler's shawl from his shoulders. But the harder he blew, the tighter the traveler gripped the shawl to his body. The struggle went on till the Wind's turn was over. Now it was the Sun's turn. The Sun smiled warmly. The traveler felt the warmth of the smiling Sun. Soon he let the shawl fall open. The Sun's smile grew warmer and warmer... hotter and hotter. Now the traveler no longer needed his shawl. He took it off and dropped it on the ground. The Sun was declared stronger than the Wind.

Moral: Brute force can't achieve what a gentle smile can. (Author unknown)

Also, here are a few quotes that encouraged me to smile. I hope one will bring a smile to your face, too: "Because of your smile, you make life more beautiful." – Thich Nhat Hanh

"Peace begins with a smile." — Mother Teresa

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." — Leo F. Buscaglia

"Life is short. Smile while you still have teeth." — Unknown

"Smile. Have you ever noticed how easily puppies make human friends? Yet all they do is wag their tails and fall over." – Walter Anderson

"If you smile when you are alone, then you really mean it."- Andy Rooney

"Use your smile to change the world; don't let the world change your smile." – Chinese Proverb

"Let us always meet each other with smile, for the smile is the beginning of love." — Mother Teresa

"A simple smile. That's the start of opening your heart and being compassionate to others." - Dalai Lama

"It was only a sunny smile, and little it cost in the giving, but like morning light it scattered the night and made the day worth living." – F. Scott Fitzgerald

Finally, beloved people, I'll end with lyrics from the song *When Your Smiling* sung by Frank Sinatra in 1950. Can you still hear the melody?

When you're smilin', when you're smilin' The whole world smiles with you When you're laughin', when you're laughin' The sun comes shinin' through

Are you smiling yet?

Blessings and peace, Kate



# Tuesday Lunches are now being served!

August 2—Ham Salad Sandwich, Potato Salad, Pickles & Chips, Cookies & Ice Cream

August 16 — Vegetable Soup, Vegetable Salads, Pickles & Chips, Blueberry Cottage Pudding with Lemon Sauce.

Come see your friends and neighbors, and meet some new ones. Great food and fellowship to be had. No charge; donations accepted.

### **Church Calendar**

August 2— Tuesday Lunch at noon Thrift Store Open 9-2

August 6—Thrift Store open 9-1 Iris Sale 9-noon at Thrift Store

August 7—Ninth Sunday after Pentecost -Communion Worship at 9:30 AM with Guest Preacher, Rev. Larry Krewson

August 9—Thrift Store open 9-2

August 11—Final Summer *Labyrinth in the Field* Walk at 11 AM

August 13—5-Mile Yard Sale 8-2, Thrift Store open 8-2, Bake Sale 8-2

August 14—Tenth Sunday after Pentecost— Celtic Prayer Service at 9:30 AM. In Sanctuary

August 16—Tuesday Lunch at noon Thrift Store open 9-2

August 20—Thrift Store open 9-1

August 21 — Eleventh Sunday after Pentecost — Worship at 9:30 AM

August 23—Thrift Store open 9-2

August 24—Busy Hands 1-3 p.m.

August 27—Thrift Store open 9-1

August 28—Twelfth Sunday after Pentecost Breakfast at 8:30 AM & Celtic Prayer Service 9:30 AM in Fellowship Hall

August 30—Thrift Store open 9-2

### **Thrift Store News**

**IRIS SALE** 

Saturday, August 6, 9-noon

5-MILE YARD SALE \$3.00 Bag Sale & Church Bake Sale

Saturday, August 13, 8-2

# New Office Hours at Town Hall

Starting **July 1, 2022**, Town Hall Office Hours will be modified as follows:

<u>Tuesdays</u> 1-7 PM <u>Thursdays</u>: 1-5 PM

Thursdays: 9 AM- 12 PM, Tax Collector, By Appointment Only

To schedule an appointment for **Thursday mornings** (only) with the Tax Collector, please contact By email: Taxcollector@edgecomb.org

By phone: call the Town Hall during office hours @ 882-7018

#### **August Birthdays**

Ginny Kroitzch 11
Amy Poole 24
Ryan Potter 30
Suzanne Ayers 31

#### September Birthdays

Mitch Boucher 1
Rose Young 17
Jeff Grigg 21
Leah Potter 21
Rene Evans 28



# Edgecomb Eddy School News Pre-K & K Registration

We are excited to open up Pre-K and Kindergarten registration for the 2022-23 school year! Pre-K and Kindergarten at EES are offered to all students living in Edgecomb, Alna, and Westport.

**PRE-K** Children who turn four on or before October 15, 2022, have priority for registration. If there are remaining spaces, we will admit "wait listed" students who turn five between July 1 and October 15, 2022.

KINDERGARTEN Children who turn five on or before October 15, 2022, are eligible to enroll in kindergarten. See our website for more enrollment information. Please call 882-5515 if you have any questions. We look forward to welcoming you in the fall!

# 5-Mile Yard Sale

Saturday, August 13 8 a.m. -2 p.m.



# Cross Point Road Edgecomb, Maine

The Edgecomb Community
Church will be joining this event
with a large array of items set up
in the church's upper parking
lot. The church thrift shop will be
holding a \$3 bag sale, and a bake

sale will be ongoing as well inside the church. Free coffee and restrooms will be available.

To donate items for the yard sale please email the church at edgecomb.church@gmail.com or call Dick O'Connor at 882-8199 to arrange for pick up or drop off. All sales will be used to support the church's mission outreach activities.

**See us for Seating**—We have 21 chairs and 2 multi-person seats already. Other items for sale are great fishing poles and equipment, pressure washer, 5 dining room chairs with cushions, John Deere 240 mower, Moosehead 54" hutch, Love Seat, Montgomery Ward woodstove, and much, much more. Come early and save a lot!





Need a new Stove this winter?

One can always use a backup source of heat for when the inevitable power outages hit.

This Montgomery Ward wood stove is available at the Edgecomb Community

Church Yard Sale, **Saturday**, **August 13**, **from 8-2**. The church is located at 15 Cross

Point Road.



Join us for fellowship, community spirit, and GREAT FOOD!

Your Donations are important to support our mission

# Final Summer Morning Labyrinth Walk August 11, 2022 at 11:00 a.m.

You are cordially invited to join us for our final summer morning labyrinth walk on Thursday, August 11, 2022, at 11:00 a.m. as we can walk the *Labyrinth in the Field* together. After the walk, we'll have lunch together and spend time sharing our labyrinth experience. Please bring your own lunch to enjoy. Cookies, water, and lemonade will be available as refreshments. The majestic stone labyrinth is located on the grounds of Edgecomb Community Church.

Labyrinth walking is an ancient practice used by many different faiths for spiritual centering, contemplation, and prayer. When entering the path of a labyrinth the recommendation is to walk slowly while quieting your mind and focusing on a spiritual question or prayer. The labyrinth's pathway is unicursal meaning there is only one path to the center and back out. The path twists and turns back on itself many times before reaching the center. When you reach the center there is only one way back out making it possible for your mind to focus on meditation or prayer. As a form of active meditation labyrinth walking has many benefits and provides a unique spiritual experience.

Edgecomb Community Church is located at 15 Cross Point Road, Edgecomb, Maine. For further information please contact the church at edgecomb.church@gmail.com or call the office at 882.4060. The event is free to all.

Our next labyrinth event will be our Full Moon Candlelight Labyrinth Walk to be held on Sunday, October 9, 2022, from 6:00 p.m. to 7:00 p.m.

# Summer Fun Events in August

August 4—ALIVE ON THE COMMON—Dyer Neck Band plays on Wiscasset Common 6 p.m.

August 5—WISCASSET FARMERS' MARKET, 9-12 at Wiscasset Municipal Building Parking lot.

August 5—1st FRIDAYS AT THE FARM—5-7 p.m. Morris Farm, Wiscasset

August 9-14—TOPSHAM FAIR

August 11—ALIVE ON THE COMMON 6 p.m. on Wiscasset Town Common: Papa Tim & the Desperate Men

August 12-LINCOLN FESTIVAL CHORUS, Boothbay Harbor Congregational Church 7:30 p.m.

August 12—WISCASSET FARMERS' MARKET, 9-12 at Wiscasset Municipal Building Parking lot.

August 13—5-MILE YARD SALE, Cross Point Road, Edgecomb 8-2. Bake Sale at Edgecomb Community Church 8-2. \$3 Bag Sale at Edgecomb Church Thrift Store.

August 14—American Legion SUNDAY BREAKFAST 7-9 a.m. Boothbay Harbor

August 14—CHILDREN'S DAY at Boothbay Railway Village

August 18-21—SCHOONERFEST in downtown Wiscasset & Harbor

August 19—WISCASSET FARMERS' MARKET, 9-12 at Wiscasset Municipal Building Parking lot.

August 20 & 21-BOOTHBAY CRAFT FAIR 10-4 at Boothbay Town Common

August 20—MUSIC ON THE RAILWAY, 5 p.m. at Wiscasset, Waterville & Farmington Railway Museum, Alna. Pete Kilpatrick, musician

August 20—MAINE HIGHLAND GAMES at Thomas Pt. Beach, Brunswick, 8-5

August 25-WISCASSET ART WALK 5-8 p.m. in downtown Wiscasset

August 26—WISCASSET FARMERS' MARKET, 9-12 at Wiscasset Municipal Building Parking lot.

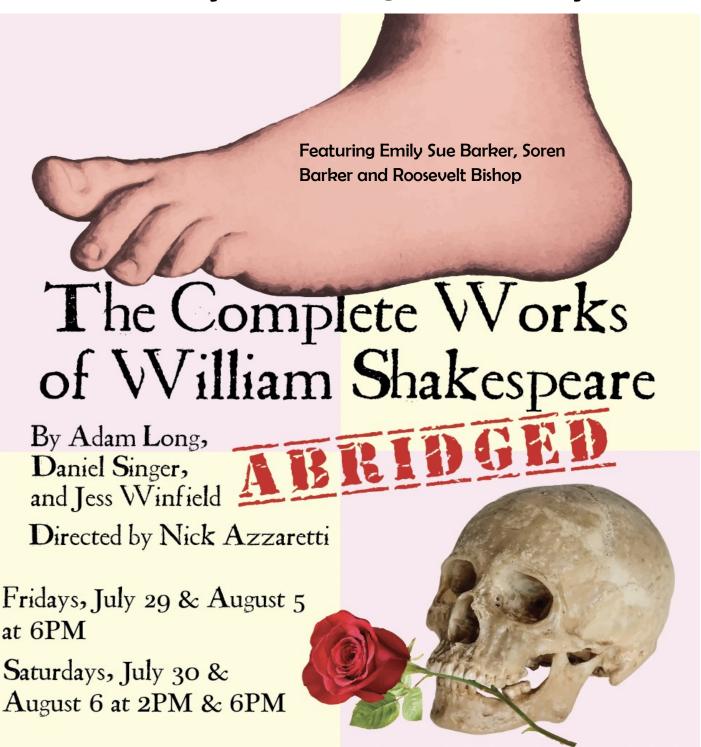
August 28—AMERICAN LEGION BREAKFAST, 7-9 a.m. in Boothbay Harbor







# Summer Play at the Edgecomb Labyrinth



Tickets: \$15 for River Co. Members \$17 General Admission.

Discounts for Students, Seniors and Families.

Tickets available at the door, or call 207-449-2943

or visit RiverCompany.org to reserve in advance.

Please feel free to bring a blanket or chair.

Check our website for show weather updates.

# Wiscasset Schoonerfest



### August 18-21, 2022



### Downtown Wiscasset and at the Harbor

# ALL WEEKEND Colonial Maine Living History Association Camping on the Common and roaming the Village and Piers



#### ALSO ALL WEEKEND GEOCACHING

Fun for the whole family! Geocaching.com



#### SCHOONER PIER

Gen. Patton's Schooner **WHEN and IF**Mid-Morning Arrival and Cannon

#### IN THE CLOVER (REAR COURTYARD) & MAIN ST.

12 - 1 Celtic Roots (Irish Music Ensemble)
1 - 2 Old Salts (Guitar & Fiddle @ 62 Main Street)
2 - 3 The Truesdells (Classical Flute & Clarinet)

3 - 4 John Mayberry & Jamie Beaton (Vocal Harmony)

#### **CREAMERY PIER STAGE**

5 - 6 Married with Chitlins (Acoustic Duo)

#### SCHOONER PIER STAGE

6 - 7:30 Junction 218 (Blues Trio) 7:30 - 9 Holy Mackerels (Folk, Rock, Blues)

#### SCHOONER PIER

All Afternoon



#### Friday, August 19

#### TOWN COMMON

#### 10 - noon KIDS & FAMILY SCHOONERFEST ON THE COMMON

Meet the Maine colonials camping on the common!
Plus Face-Painting, Schooner Corn Hole, Toy Wood Schooner Painting

#### NICKELS-SORTWELL HOUSE (SUNROOM)

12 - 1 *Trioli* (Clarinet Trio) 1 - 2 *Julia Lane of Castlebay* (Harp)

#### **CREAMERY PIER STAGE**

12 - 1 John Mayberry & Jamie Beaton (Vocal Harmony) 1 - 2 Jeff Grosser (Accordion)

2 - 3 Jud Caswell (Folk Singer/Songwriter)

#### SCHOONER PIER

The Schooner **TYRONE**Noon Arrival and Cannon

#### SCHOONER PIER

#### **All Afternoon**

Short harbor cruises aboard the TYRONE and WHEN and IF

#### SCHOONER PIER STAGE

3 - 5 Castlebay (Traditional Celtic Music) 5 - 7 Pan Fried Steel (Steel Drum Band)

8 - 10 Salty Dogs (50s to 80s Rock & Roll)

#### SCHOONER PIER

(Ticket holders only)

5 – 8 Donors & VIP Dockside Reception

with Schooner Crews

(Be a Donor! - WiscassetSchoonerfest.com)



#### SCHOONER PIER

9 - 10 Sign-up for Sunday's Rowing Race (Info @ Wiscasset Schoonerfest.com & Harbormaster Office)

#### SCHOONER PIER

#### 10 - 1 KIDS & FAMILY SCHOONERFEST ON THE PIER

Face-Painting & Bail Bucket Races & Lobster Cornhole Tournament!

#### SCHOONER PIER

Morning & Afternoon Cruises aboard the TYRONE and WHEN and IF

#### ON MAIN STREET & CREAMERY PIER

10 - 11:30 Heather MacLeod (tin whistle) 12 - 2 Downeast Brass Quintet

#### IN THE CLOVER (REAR COURTYARD)

1:30 - 2:30 David Peloquin (Vocal, Guitar)

#### Saturday, August 20

CREAMERY PIER STAGE 2:30 - 3:30 *Dromore Bay* (Celtic Trio)

#### SCHOONER PIER STAGE

10 - 11 K. Newell & Oyster Creek Fiddlers
11 - 11:30 Jerry Bryant, Paula Daddio, Dave Peloquin
& Chantey Crew (Chanties & "Wiscasset Schooners" Ballad)
2 - 4 Scotty River Trio (All Genres, Close Harmony & Humor)
4:30 - 5:30 Schoonerfest Chantey Blast

# 6:00 - 8:00 The Oystermen (Folk Duo) SCHOONER PIER

#### WHEN and IF Special Event

Sunset Cruise & Entertainment for Major Sponsors

(Be a Schoonerfest Sponsor! Text/Call: 413.695.5419)



#### Sunday, August 21

#### SCHOONER PIE

8 - Noon 2nd ANNUAL SCHOONERFESTTRIATHLON! For information, contact Duane Goud, Director, Wiscasset Rec Center -- 207.882.8230

#### SCHOONER PIER

9 - 11 1st annual schoonerfest rowing race

Come Join the Fun!

For more information: 207.315.0500

#### SCHOONER PIER

All Morning

Short harbor cruises aboard the

TYRONE and WHEN and IF

#### SCHOONER PIER STAGE NOON

2nd ANNUAL SCHOONERFEST TRIATHLON AWARDS EVENT

#### SCHOONER PIER STAGE

12 - 1 Steampacket (Fiddle, Mandolin/Banjo, Guitar)

#### IN THE HARBOR

Final Cannon salute on the departure of the Schooners WHEN and IF and TYRONE

> Heather MacLeod (Tin Whistle) Jerry Bryant & Chantey Crew



# August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	<b>2</b> Tuesday Lunch	3	4	5 Wiscasset	6 Thrift Store
		at noon Thrift Store open 9-2		Edgecomb Pl Board 6:30 pm Alive on the Common 6 pm Wiscasset	Farmer's Mar- ket 9-noon	open 9-1 IRIS SALE 9-noon
7	8	9	10	11	12	13
ECC 9:30 AM Worship with Guest Minister Lawrence	Edgecomb Selectboard Meeting 6 p.m.	Thrift Store open 9-2		Labyrinth Walk at 11 a.m. Bring your own lunch	Wiscasset Farmer's Mar- ket 9-noon	Thrift Store open 9-1 \$3 Bag Sale
Krewson				Alive on the Common 6 pm Wiscasset		5-Mile Yard Sale 8-2 ECC Bake Sale 8-2
14	15	16	17	18	19	20
ECC 9:30 AM Celtic Prayer Service		Tuesday Lunch at noon Thrift Store open 9-2	Schmid Advisory Committee 7 p.m. at town hall	Edgecomb Pl Board 6:30 pm	Wiscasset Farmer's Mar- ket 9-noon	Thrift Store open 9-1 Town Common Boothbay Craft Fair 10-4
21	22	23	24	25	26	27
ECC 9:30 AM Worship Town Common Boothbay Craft Fair 10-4	Edgecomb Selectboard Meeting 6 p.m.	Thrift Store open 9-2	Busy Hands 1-3 pm.	Wiscasset Art Walk 5-8 p.m.	Wiscasset Farmer's Mar- ket 9-noon	Thrift Store open 9-1
28	29	30	31			
ECC 9:30 AM Celtic Prayer Service Breakfast 8:30		Thrift Store open 9-2				